



FREQUENTLY ASKED QUESTIONS

Event Date: Sunday, October 16
Time: 8:00 AM – 10:00 AM
Location: Embarcadero Park (located behind the Hilton San Diego Bayfront Hotel)
 1 Park Blvd
 San Diego, CA 92101

What is the True Blue 5K?

Taking part in the True Blue 5K not only benefits your heart, but the San Diego Police Department. This exhilarating run/walk starts and finishes on the beautiful promenade of the Hilton Bayfront Hotel. This flat course offers amazing views of San Diego’s famous bay and takes you through the Embarcadero Parks and Seaport Village. Plus, the start/finish line is within easy walking distance of the Convention Center and nearby hotels.

All proceeds will benefit the San Diego Police Foundation, a nonprofit organization supporting the dedicated men and women of the San Diego Police Department.

General Schedule of Events:

<u>Time</u>	<u>Item</u>
7:00am	Event opens for participants
7:50am	Runners line up at the start
8:00am	The True Blue 5K begins
8:45am	Awards ceremony begins
9:00am	Running route closes
10:00am	The True Blue 5K ends

5K Route:

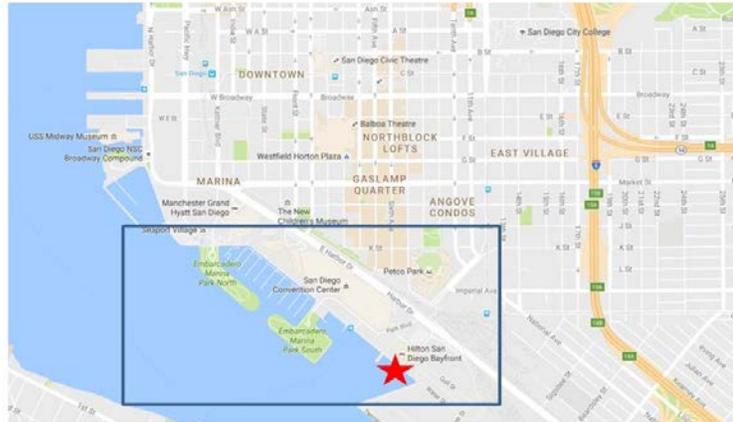
The race will start at the Hilton San Diego Bayfront Hotel and loop around scenic Embarcadero Park. The entire route is paved and flat. There will be a water stop mid-race and public restrooms will be located at mile 1 and mile 2.5 (see map below).



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Where is Embarcadero Park?

The start and finish of the True Blue 5K will be located directly behind the Hilton San Diego Bayfront Hotel and is located within walking distance from the Convention Center.



Where can I park?

Please arrive with plenty of time as parking will be limited. There are daily-use paid parking lots near Seaport Village and Embarcadero Park as well as free, metered street parking in the Gaslamp District or near Petco Park (meters are free on Sundays). You can also pay to park at the Hilton San Diego Bayfront Hotel at an additional cost.

Weather and Dress:

As San Diego is frequently sunny, we do experience occasional rain. Please prepare accordingly by bringing the proper active gear. We recommend comfortable running shoes, a light jacket or long sleeved shirt, hat and sunscreen. *Please note that the walk/run will take place rain or shine.**

What is included in my registration?

Chip timing, complimentary light breakfast, goody bag, finisher medal and a commemorative True Blue 5K shirt are included. **We are unable to mail out any medals/awards or tshirts.**

Where can I pick up my bib and chip?

You can pick up your bib number, chip and T-shirt at the **Reebok Fit Hub** located in San Diego's Downtown Gaslamp District. This store is conveniently located within walking distance of the Convention Center. Please see below for an address and times you can stop by the store to pick up these materials. **We strongly encourage participants to pick up these materials prior to race day. However, if you are unable to visit the store, please visit the registration booth on race-day to retrieve materials.*

REEBOK PICK UP TIMES:

Friday, Oct. 14: 3:00 PM - 8:00 PM

Saturday, Oct. 15: 11:00 AM - 8:00 PM

*Refunds will not be issued if you are unable to attend.

Address: 450 Fifth Avenue, San Diego, CA 92101

